Day 1 June 21, 2018 6:30-8 a.m. **Registration & Breakfast** Sponsored Breakfast Presentation by Quest Diagnostics - Innovative Population Health Approaches: A Case Study in Improving Health Outcomes and the Member Experience While Reducing Costs 7-7:45 a.m. Explore key trends in population health, including challenges and solutions. Learn how a self-insured employer tackled these challenges, including a culture of prevention, and using lab insights to help improve health and quality outcomes and reduce costs for its nearly 60,000-member employee health program. 8-8:30 a.m. Welcome & Blessing (Tribal Drum) **Keynote:** Nuka System of Care Dr. Katherine Gottlieb, President/CEO, Southcentral Foundation (Tribal Drum) 8:30-9:30 a.m. 9:30-9:45 a.m. Break Plenary: Workforce Development Dr. Michelle Tierney, Karen McIntire, Leanndra Ross (Tribal Drum) 9:45-10:45 a.m. 10:45-11 a.m. Break A Roadmap for the Future: A **Family Wellness Warriors** Improvement Culture: Empowering A Comprehensive Approach to **Recruiting and Behavioral-Based Customer-Owner Driven Strategic Initiative: Addressing Employees Through Organizational Structure Employee Learning and Development Interviewing for Best Fit** [Beginner] Domestic Violence, Child Planning Process [Intermediate] [Beginner] Sharon Fenn, Janet Sweeney, [Beginner] Brenda Metrokin, Barb Sappah, James Shelton Sherrilyn Westdahl, Sonda Tetpon **Abuse and Child Neglect** Ricco Ramos, Guil Prickette, Dorthy (Driftwood) Katie Montanelli Tamara Brown Retention is an issue for every health care (Beluga) (Driftwood) [Beginner] Marcel Bergeron, (Tribal Drum) Fredenberg organization. Recruiting, interviewing and hiring Given the ever-increasing complexity of health Polly Andrews, Bobbi Outten Improvement work in health care is often linked to a (Kayak) for "best fit" is an effective way to address specific project or as an organization undergoes major care delivery, strategic alignment is crucial to Due to constant change in health care, there is an (Salmon) turnover. SCF aligns workforce competencies with delivering high quality care. Grounded in changes. Fostering an improvement culture, however, can increased need to go from "just training" Health care organizations struggle the Vision and Mission across all levels of the 11 a.m. customer-owner feedback and aligned with the have long-term impacts on every facet of an organization. employees to offering a more strategic approach with how to incorporate the voice of In this session, learn the organizational structure that aligns organization. In this session, learn how to recruit Baldrige framework, all SCF employees that supports the performance outcomes you 12:15 p.m. the customer or more importantly for fit and conduct behavioral based interviewing. improvement efforts with the Vision and Mission and participate in the strategic planning process. In need from your workforce. Learning and how to be customer-driven. In this this session, discover the structures in place to encourages improvement at every level of the Development at SCF is tailored to the customer's session, discover SCF's Family align work and deliver focused, effective organization. needs –by being relationship focused, discipline Wellness Warriors Initiative, a initiatives at an organization with over 2,000 specific, multi-faceted collaboration. In this culturally appropriate model that employees and 65,000 customer-owners. session, learn the unique structure and dynamic addresses root issues, not just processes that support a comprehensive symptoms for addressing domestic approach to learning and development. violence, child sexual abuse and child Lunch: Tours Available at the Anchorage Native Primary Care Center 12:15-1:15 p.m. 1:15-2:15 p.m.

Creating Effective Social Campaigns to Influence Healthy Behaviors [Beginner] Laurie Wiese,

Whether it's exercising more, eating healthier, quitting smoking, or increasing cancer screening rates, there's no shortage of health and wellness needs. It's critical to partner with customers and providers to impact long-term population health. In this session, receive steps for creating your own social campaigns with examples from SCF's successful methods.

Plenary: Integrated Care Delivery Dr. Donna Galbreath, Dr. Douglas Eby (Tribal Drum)

2:15-2:30 p.m.

Break

From Theory to Practice: Integrated Care **Teams in Action** [Intermediate]

Ryan McWilliams, Tisha Benson, Tessie Estes (Anchor)

More and more health systems are adapting teambased care as their delivery model. At SCF, we successfully deliver this model every day through our Integrated Care Teams (ICTs). Designed for audience members who want to see how our ICTs work, SCF staff will demonstrate both the common scenarios encountered in our clinics every day and the communication tools used to make teams work.

Introduction to Behavioral Health Care **Integration** [Beginner] *Melissa Merrick*, Justin Atteberry, Troy Wolcoff (Driftwood)

Behavioral health needs presented in primary care make up a majority of visits. Seamlessly integrating behavioral health in primary care teams meets customer needs, reduces no-show rates, and assists providers with complicated cases. In this session, discover various models for integrating behavioral health and learn SCF's journey working toward bridging primary care with behavioral health

Staffing and Systems for Effective Data Management [Beginner] Evan Kennedy,

Steve Tierney (Salmon)

The widespread implementation of electronic health records (EHRs) has resulted in an increased need for staffing solutions. You don't want your high performing clinicians working on IT solutions. And you also don't want your IT working in a silo, separate from the "on the ground" clinic employees. In this session, discover the high level of data support and infrastructure that allowed SCF's primary care clinics to focus on medicine, not IT.

Human(ity) Resources: Relationship-Based HR Model [Beginner]

Patricia Seizys, Karen McIntire (Kayak)

The key to effective human resources is aligning the Vision and Mission with workforce competencies that are criteria expected of each individual. Performance management, retention, job descriptions and every facet is impacted by workforce competencies. In this session, learn how SCF's relationship-based approach shapes human resources.

Raising the Bar: The Board's Role in **Whole System Transformation**

[Intermediate] SCF Board of Directors, Katherine Gottlieb (Tribal Drum)

A strong, transparent relationship between senior leadership and a governing board creates an environment for organizational success. Through strong relationships built over time, SCF's Board of Directors and President/CEO accomplished whole system transformation and were recognized as a Baldrige award winning health system. In this session, SCF President/CFO Dr. Katherine Gottlieb and SCF's Board of Directors will discuss their work and lead a participantdriven question and answer session.

Using the Voice of the Customer to **Drive Improvement** [Beginner]

Elizabeth Rasmussen, Barb Sappah (Beluga)

Being customer-driven is a top priority for most health care organizations. Surveys are mailed or offered after visits to identify opportunities to improve. Then what? In this session, review how customer-ownership at SCF has shaped efforts to listen and respond to the voice of the customer.

Break 3:45-4 p.m.

2:30-3:45 p.m.

Keynote: From the Human Genome Project to Precision Medicine: A Journey to Advance Human Health Dr. Eric D. Green, M.D., Ph.D. (Tribal Drum) 4-5 p.m.

7-8 a.m. **Breakfast** Plenary: Redesigning Behavioral Health April Kyle, Chelsa Dorman 8-9 a.m. 9-9:15 a.m. **Population Based Case Management** [Beginner] Brenda Cook, Chelsea Ryan (Driftwood) Traditional case management is usually diagnosis or cost based, often posing obstacles to the provider/customer relationship and fragmenting care. SCF's whole-person case management model fosters relationships, integrates chronic and preventative care and emphasizes shared responsibility. 9:15-10:30 a.m. In this session, learn the roles, processes and best practices for whole-person case management. 10:30-10:45 a.m. Break (Anchor) 10:45-Noon Noon-1 p.m. 1-2 p.m. 2-2:15 p.m. Break (Driftwood) 2:15-3:30 p.m.

Advanced Behavioral Health Care Implementation and Applications [Intermediate] Melissa Merrick,

Sarah Switzer, Roger Fox (Anchor)

Preparing primary care providers and behaviorists to work collaboratively requires new roles, steps and screening tools. A consulting psychiatrist in a primary care team can increase access, address complicated visits, and play an integral role in collaboration with behavioral health consultants. In this session, learn the steps for fully integrating behavioral health and psychiatry, including reorientation for primary care teams and new roles and processes.

Tools and Processes for Strategically Integrating Improvement Work [Beginner]

Stephanie Francis, Adyson Hayden

Health care organizations are undergoing rapid change. Change doesn't always lead to improvement. In this session, learn how SCF aligns various improvement tools such the Model for Improvement and tests changes on a small scale using Plan-Do-Study-Act (PDSA) cycles and Baldrige.

Onboarding Programs That Increase Satisfaction, Productivity and **Retention** [Intermediate]

Solveig Johnson, Dorthy Fredenberg, Shirley Tuzroyluke

(Kayak)

Onboarding and orientation programs may seem costly, but the investment results in employees who understand corporate culture; feel connected and confident; are ready to hit the ground running; and are more likely to stay with the company. In this session, learn about the various onboarding and orientation programs offered at SCF.

Engaging the Community to Own and Design the Health System

[Intermediate] Katherine Gottlieb (Tribal Drum) Health care organizations built around and

tailored to the communities they serve are incredibly successful at addressing the needs of their customer-owners. This approach is foundational to everything we do at SCF, and is a core value of leadership at the organization. Dr. Katherine Gottlieb, President/CEO, will discuss how SCF listens to and incorporates the feedback of our 65,000 customer-owner voices.

Identifying High Risk Patients in Pediatrics [Beginner] Julia Smith, Pam Finch, Emi Williams (Beluga)

Prior to creation of a new system, SCF's Pediatrics manually tracked care coordination in spreadsheets; these spreadsheets varied by teams and were not accessible to other providers, which created care management and continuity disruptions. In this session, discover the Nuka system that identifies and categorizes complex chronic conditions among our pediatric population and creates actionable tracking lists, accessible by any SCF health care provider, to ensure continuity and systematic care delivery.

Medication Assisted Treatment: Addressing Substance Abuse in Primary Care [Intermediate]

Melissa Shein, Kristin Allmaras

According to the NIH National Institute on Drug Abuse, an estimated 2.1 million people in the United States suffering from substance use disorders related to prescription opioid pain relievers in 2012 and an estimated 467,000 are addicted to heroin. Medicated Assisted Treatment delivery in primary care, in conjunction with opioid treatment programs and behavioral therapy, can increase access to valuable treatments. In this session, learn SCF's whole person, integrated approach to substance abuse, and the challenges and successes of providing medicated assisted treatment.

Facility Design that Promotes Health Care Delivery [Beginner] *Doug Eby,* James Sears, Melanie Binion (Driftwood)

As primary care changes, facilities must be redesigned to meet changing organizational needs and strategies. Facility design affects efficiency and collaborative care by either supporting or hindering team communication. In this session, learn how SCF's intentional and culturally-driven facility design fosters relationships and influences wellness.

Managing Change and Innovation [Intermediate] Michelle Tierney,

Karen McIntire (Tribal Drum)

Everyone says they love change until it happens to them. Change is a difficult process - especially so in health care. At SCF, we've been changing for the last 20 years, and continue to do so every day. In this session, learn SCF's tools used to facilitate change across an organization while balancing the needs of customer-owners and employees. Pod: Leadership

Using Data for Improvement

[Intermediate] David Fenn, Mike Hirst, Nellie Anagick (Salmon)

To use the wealth of data that health care organizations have access to, the information must be standardized. actionable, easy to understand, and secure. Processes must be in place to manage the information and prioritize what's being collected. In this session, learn SCF's approach to data and using it for improvement.

Compliance & Quality: Supporting Operational Excellence

[Beginner] Denise Morris, Michelle Aregood, Donna Galbreath (Beluga)

Issues of quality, compliance, and ethics are foundational for any organization. Instead of behaving like the corporate police, SCF's Quality Assurance and Corporate Compliance use a teambased structure to partner with customer-owners and organizational partners to answer questions, resolve issues, and serve as a resource at all levels of the organization. In this session, learn the SCF approach and run through interactive scenarios that illustrate how strong relationships facilitate this type of work.

Lunch: Tours Available at the Anchorage Native Primary Care Center

Plenary: Customer-Owner Panel (Tribal Drum)

Culturally Appropriate Alternatives: Traditional Healing in Primary Care

[Beginner] Buz Daney, Lois Law, Angela Michaud, Jessie Takak

Health care organizations often struggle to provide services that help customers address acute pain, manage chronic pain, and cope with stress and grief. In this session, discover how SCF offers culturally appropriate alternatives through traditional healing and integrates spirituality into the healing process.

Learning Circles: Bringing People

Together [Intermediate] Robert Heffle,

KJ Worbey (Salmon)

Support groups, called "learning circles" at SCF, provide effective opportunities for personal growth and wellness on topics ranging from grief and loss, substance recovery support, anxiety, and other life support. In this session, discover SCF's method for providing more than 80 learning circles and learn the steps for starting your own group

Integrating the Baldrige Framework for Continuous Improvement

[Intermediate] Tiffany Guinn,

Sharon Fenn (Beluga)

Baldrige criteria are a valuable framework for health care organizations. In 2011, SCF received the Malcolm Baldrige National Quality Award. In this session, discover SCF's journey and how the Baldrige framework influences continuous improvement.

How SCF Uses Coaching to Drive Performance, Learning and **Teamwork** [Intermediate]

Kristi Brenock-Leduc, Karen McIntire (Anchor)

With relationships, optimistic stance, and a genuine learner-led learning approach at its core, SCF's unique coaching approach facilitates the continuous development of employees. In this session, learn how SCF's coaching approach applies to performance management, individual learning and growth, and even personal development.

Leadership Principles That Build a Culture of OWNERSHIP

[Intermediate] Katherine Gottlieb (Tribal Drum)

Leading in an industry that is rapidly changing is a complex endeavor. Leaders need to rely on decision makers at every level of the organization. SCF's leadership implemented a unique set of principles to guide decisionmaking and ensure continuity and a commitment to our Mission and Vision. In this session, President/CEO Dr. Katherine Gottlieb will share these leadership principles and how they will guide the organization's work for the future.

Optimizing High Quality Care in Remote Locations [Beginner] Donna Galbreath, Martha Cotton,

Michelle Baker

(Kayak)

How does a rural health care organization meet the needs of a community with limited resources? SCF operates several federally qualified health centers (three of which are certified Level III Patient Centered Medical Home by the NCQA) and provides care in more than 55 rural villages with tools like telemedicine, tele-behavioral health, and more. In this session, discover solutions that keep customers close to home. Learn how to scale best practices to fit the unique challenges of a small community.

3:30-3:45 p.m.

3:45-4:45 p.m. Closing Keynote: Cheryl Hankard (Tribal Drum)

Break

4:45-5 p.m. Closing