2018 JUNE CONFERENCE SCHEDULE

Day 1 June 21, 2018 6:30-8 a.m. **Registration & Breakfast** Sponsored Breakfast Presentation by Quest Diagnostics - Innovative Population Health Approaches: A Case Study in Improving Health Outcomes and the Member Experience While Reducing Costs 7-7:45 a.m. Explore key trends in population health, including challenges and solutions. Learn how a self-insured employer tackled these challenges, including a culture of prevention, and using lab insights to help improve health and quality outcomes and reduce costs for its nearly 60,000-member employee health program. 8-8:30 a.m. Welcome & Blessing (Tribal Drum) **Keynote:** Nuka System of Care Dr. Katherine Gottlieb, President/CEO, Southcentral Foundation (Tribal Drum) 8:30-9:30 a.m. 9:30-9:45 a.m. Break Plenary: Workforce Development Dr. Michelle Tierney, Karen McIntire, Leanndra Ross (Tribal Drum) 9:45-10:45 a.m. 10:45-11 a.m. Break A Roadmap for the Future: A **Managing Change and Innovation Creating Effective Social Campaigns Family Wellness Warriors** Improvement Culture: Empowering A Comprehensive Approach to **Customer-Owner Driven Strategic Initiative: Addressing Employees Through Organizational Structure Employee Learning and Development** [Intermediate] Michelle Tierney, to Influence Healthy Behaviors Domestic Violence, Child Planning Process [Intermediate] [Beginner] Sharon Fenn, Barbara Sappah [Beginner] Brenda Metrokin, Ricco Karen McIntire [Beginner] Laurie Wiese, Sherrilyn Westdahl, Sonda Tetpon **Abuse and Child Neglect** (Anchor) Ramos, Guil Prickette, Dorthy Fredenberg (Tribal Drum) Katie Montanelli Improvement work in health care is often linked to a Everyone says they love change until it happens to (Driftwood) [Beginner] Marcel Bergeron, (Kayak) (Beluga) specific project or as an organization undergoes major them. Change is a difficult process – especially so in Given the ever-increasing complexity of health Polly Andrews Due to constant change in health care, there is an Whether it's exercising more, eating healthier, changes. Fostering an improvement culture, however, can health care. At SCF, we've been changing for the care delivery, strategic alignment is crucial to increased need to go from "just training" quitting smoking, or increasing cancer screening (Salmon) have long-term impacts on every facet of an organization. last 20 years, and continue to do so every day. In delivering high quality care. Grounded in employees to offering a more strategic approach rates, there's no shortage of health and wellness Health care organizations struggle In this session, learn the organizational structure that aligns this session, learn SCF's tools used to facilitate 11 a.m. customer-owner feedback and aligned with the that supports the performance outcomes you needs. It's critical to partner with customers and with how to incorporate the voice of improvement efforts with the Vision and Mission and change across an organization while balancing the Baldrige framework, all SCF employees need from your workforce. Learning and providers to impact long-term population 12:15 p.m. the customer or more importantly encourages improvement at every level of the needs of customer-owners and employees. Pod: Development at SCF is tailored to the customer's participate in the strategic planning process. In health. In this session, receive steps for creating how to be customer-driven. In this organization. this session, discover the structures in place to needs –by being relationship focused, discipline your own social campaigns with examples from session, discover SCF's Family align work and deliver focused, effective specific, multi-faceted collaboration. In this SCF's successful methods. Wellness Warriors Initiative, a initiatives at an organization with over 2,000 session, learn the unique structure and dynamic culturally appropriate model that employees and 65,000 customer-owners. processes that support a comprehensive addresses root issues, not just approach to learning and development. symptoms for addressing domestic violence, child sexual abuse and child Lunch: Tours Available at the Anchorage Native Primary Care Center 12:15-1:15 p.m. **Plenary: Integrated Care Delivery** Dr. Douglas Eby, Donna Galbreath (Tribal Drum) 1:15-2:15 p.m. Break 2:15-2:30 p.m.

From Theory to Practice: Integrated Care **Teams in Action** [Intermediate] *Steve*

Tierney, Tom Mitchell, Tisha Benson,

Rachel Carlson (Anchor)

Break

More and more health systems are adapting teambased care as their delivery model. At SCF, we successfully deliver this model every day through our Integrated Care Teams (ICTs). Designed for audience members who want to see how our ICTs work, SCF staff will demonstrate both the common scenarios encountered in our clinics every day and the communication tools used to make teams work.

Introduction to Behavioral Health Care **Integration** [Beginner] Rebecca Vale,

Melissa Merrick (Driftwood)

Behavioral health needs presented in primary care make up a majority of visits. Seamlessly integrating behavioral health in primary care teams meets customer needs, reduces no-show rates, and assists providers with complicated cases. In this session, discover various models for integrating behavioral health and learn SCF's journey working toward bridging primary care with behavioral health

Staffing and Systems for Effective Data Management [Beginner] Steve Tierney,

Joe Ambrosio (Salmon)

The widespread implementation of electronic health records (EHRs) has resulted in an increased need for staffing solutions. You don't want your high performing clinicians working on IT solutions. And you also don't want your IT working in a silo, separate from the "on the ground" clinic employees. In this session, discover the high level of data support and infrastructure that allowed SCF's primary care clinics to focus on medicine, not IT.

Human(ity) Resources: Relationship-Based HR Model [Beginner] Carolyn

Hans, Patricia Seizys (Kayak)

The key to effective human resources is aligning the Vision and Mission with workforce competencies that are criteria expected of each individual. Performance management, retention, job descriptions and every facet is impacted by workforce competencies. In this session, learn how SCF's relationship-based approach shapes human resources.

Raising the Bar: The Board's Role in **Whole System Transformation**

[Intermediate] SCF Board of Directors, Katherine Gottlieb (Tribal Drum)

A strong, transparent relationship between senior leadership and a governing board creates an environment for organizational success. Through strong relationships built over time, SCF's Board of Directors and President/CEO accomplished whole system transformation and were recognized as a Baldrige award winning health system. In this session, SCF President/CFO Dr. Katherine Gottlieb and SCF's Board of Directors will discuss their work and lead a participantdriven question and answer session.

Using the Voice of the Customer to

Drive Improvement [Beginner] Elizabeth Rasmussen, Alexandria Mullan

(Beluga)

Being customer-driven is a top priority for most health care organizations. Surveys are mailed or offered after visits to identify opportunities to improve. Then what? In this session, review how customer-ownership at SCF has shaped efforts to listen and respond to the voice of the

3:45-4 p.m.

2:30-3:45 p.m.

Keynote: From the Human Genome Project to Precision Medicine: A Journey to Advance Human Health Eric D. Green, M.D., Ph.D. 4-5 p.m.

7-8 a.m. **Breakfast** Plenary: Redesigning Behavioral Health April Kyle, Chelsa Dorman • Moderator: TBD 8-9 a.m. 9-9:15 a.m. **Population Based Case Management** [Beginner] **Advanced Behavioral Health Care Tools and Processes for Strategically Onboarding Programs That Increase Engaging the Community to Own** Brenda Cook, Chelsea Ryan **Implementation and Applications Integrating Improvement Work** Satisfaction, Productivity and and Design the Health System [Intermediate] Melissa Merrick, Sarah [Beginner] Janet Sweeney, Rochelle [Intermediate] Katherine Gottlieb (Driftwood) **Retention** [Intermediate] Solveig Traditional case management is usually diagnosis or cost Johnson, Dorothy Fredenberg, Shirley Switzer, Roger Fox (Tribal Drum) (Beluga) Lopez based, often posing obstacles to the provider/customer Health care organizations built around and (Salmon) Tuzroyluke (Anchor) relationship and fragmenting care. SCF's whole-person case tailored to the communities they serve are Health care organizations are undergoing rapid Preparing primary care providers and (Kayak) management model fosters relationships, integrates chronic incredibly successful at addressing the needs behaviorists to work collaboratively requires change. Change doesn't always lead to Onboarding and orientation programs may and preventative care and emphasizes shared responsibility. of their customer-owners. This approach is 9:15-10:30 a.m. new roles, steps and screening tools. A improvement. In this session, learn how SCF seem costly, but the investment results in In this session, learn the roles, processes and best practices foundational to everything we do at SCF, and consulting psychiatrist in a primary care team aligns various improvement tools such the employees who understand corporate culture; for whole-person case management. is a core value of leadership at the can increase access, address complicated Model for Improvement and tests changes on a feel connected and confident; are ready to hit organization. Dr. Katherine Gottlieb, visits, and play an integral role in small scale using Plan-Do-Study-Act (PDSA) the ground running; and are more likely to stay President/CEO, will discuss how SCF listens to collaboration with behavioral health cycles and Baldrige. with the company. In this session, learn about and incorporates the feedback of our 65,000 consultants. In this session, learn the steps the various onboarding and orientation customer-owner voices. for fully integrating behavioral health and programs offered at SCF. psychiatry, including reorientation for primary care teams and new roles and processes. 10:30-10:45 a.m. Break **Medication Assisted Treatment: Addressing Recruiting and Behavioral-Based Facility Design that Promotes Health Using Data for Improvement Substance Abuse in Primary Care** [Intermediate] **Care Delivery** [Beginner] Doug Eby, **Interviewing for Best Fit** [Beginner] [Intermediate] David Fenn, Mike Melissa Shein, Shane Coleman, Whitney James Sears, Melanie Binion Stephanie Francis, Barb Sappah Hirst, Melanie Binion Branshaw, Kristin Allmaras (Salmon) (Driftwood) (Kayak) As primary care changes, facilities must be Retention is an issue for every health care To use the wealth of data that health care (Beluga) (Tribal Drum) redesigned to meet changing organizational organization. Recruiting, interviewing and organizations have access to, the According to the NIH National Institute on Drug Abuse, an needs and strategies. Facility design affects hiring for "best fit" is an effective way to information must be standardized, estimated 2.1 million people in the United States suffering efficiency and collaborative care by either address turnover. SCF aligns workforce actionable, easy to understand, and 10:45-Noon from substance use disorders related to prescription opioid supporting or hindering team communication. In competencies with the Vision and Mission secure. Processes must be in place to pain relievers in 2012 and an estimated 467,000 are addicted this session, learn how SCF's intentional and across all levels of the organization. In this manage the information and prioritize to heroin. Medicated Assisted Treatment delivery in primary culturally-driven facility design fosters session, learn how to recruit for fit and conduct what's being collected. In this session, care, in conjunction with opioid treatment programs and learn SCF's approach to data and using it relationships and influences wellness. behavioral based interviewing. behavioral therapy, can increase access to valuable for improvement. treatments. In this session, learn SCF's whole person, integrated approach to substance abuse, and the challenges and successes of providing medicated assisted treatment. Noon-1 p.m. Lunch: Tours Available at the Anchorage Native Primary Care Center 1-2 p.m. Plenary: Customer-Owner Panel (Tribal Drum) • Moderator: (Tribal Drum) 2-2:15 p.m. Break **Culturally Appropriate Alternatives: Learning Circles: Bringing People** Integrating the Baldrige Framework **How SCF Uses Coaching to Drive** Leadership Principles That Build a **Culture of OWNERSHIP Traditional Healing in Primary Care** Together [Intermediate] Chelsa Dorman, for Continuous Improvement Performance, Learning and [Beginner] Buz Daney, Tara Durand, Lois Bobbi Outten [Intermediate] Barbara Sappah, Tiffany **Teamwork** [Intermediate] *Kristi* [Intermediate] Katherine Gottlieb Law, Angela Michaud, Mary Sears Guinn Brenock-Leduc, Karen McIntire (Tribal Drum) (Salmon) (Kayak) Support groups, called "learning circles" at SCF, Leading in an industry that is rapidly changing (Driftwood) (Beluga) (Anchor) provide effective opportunities for personal is a complex endeavor. Leaders need to rely Health care organizations often struggle to provide Baldrige criteria are a valuable framework for With relationships, optimistic stance, and a growth and wellness on topics ranging from grief on decision makers at every level of the services that help customers address acute pain, health care organizations. In 2011, SCF received genuine learner-led learning approach at its 2:15-3:30 p.m.

3:30-3:45 p.m. 3:45-4:45 p.m. 4:45-5 p.m.

Break

Closing Keynote

Identifying High Risk Patients in Pediatrics [Beginner] Julia Smith, Pam Finch, Emi Williams

Prior to creation of a new system, SCF's Pediatrics manually tracked care coordination in spreadsheets; these spreadsheets varied by teams and were not accessible to other providers, which created care management and continuity disruptions. In this session, discover the Nuka system that identifies and categorizes complex chronic conditions among our pediatric population and creates actionable tracking lists, accessible by any SCF health care provider, to ensure continuity and systematic care delivery.

Ethics, Compliance, Quality Assurance: Managing for Organizational Integrity

[Beginner] Denise Morris, Michelle Aregood, Donna Galbreath

Issues of quality, compliance, and ethics are foundational for any organization. Instead of behaving like the corporate police, SCF's Quality Assurance and Corporate Compliance use a teambased structure to partner with customer-owners and organizational partners to answer questions, resolve issues, and serve as a resource at all levels of the organization. In this session, learn the SCF approach and run through interactive scenarios that illustrate how strong relationships facilitate this type of work.

manage chronic pain, and cope with stress and grief. In this session, discover how SCF offers culturally appropriate alternatives through traditional healing and integrates spirituality into the healing process.

and loss, substance recovery support, anxiety, and other life support. In this session, discover SCF's method for providing more than 80 learning circles and learn the steps for starting your own group

the Malcolm Baldrige National Quality Award. In this session, discover SCF's journey and how the Baldrige framework influences continuous

core, SCF's unique coaching approach facilitates the continuous development of employees. In this session, learn how SCF's coaching approach applies to performance management, individual learning and growth, and even personal development.

organization. SCF's leadership implemented a unique set of principles to guide decisionmaking and ensure continuity and a commitment to our Mission and Vision. In this session, President/CEO Dr. Katherine Gottlieb will share these leadership principles and how they will guide the organization's work for the future

Optimizing High Quality Care in Remote Locations [Beginner] Donna Galbreath, Martha Cotten

How does a rural health care organization meet the needs of a community with limited resources? SCF operates several federally qualified health centers (three of which are certified Level III Patient Centered Medical Home by the NCQA) and provides care in more than 55 rural villages with tools like telemedicine, tele-behavioral health, and more. In this session, discover solutions that keep customers close to home. Learn how to scale best practices to fit the unique challenges of a small community.

Closing